

03 Food safety and nutrition policy

Aim

Our setting is a suitable, clean, and safe place for children to be cared for, where they can grow and learn. We meet all statutory requirements for food safety and fulfil the criteria for meeting the relevant Early Years Foundation Stage Safeguarding and Welfare requirements

Objectives

- We recognise that we have a corporate responsibility and duty of care for those who work in and receive a service from our provision, but individual employees and service users also have responsibility for ensuring their own safety as well as that of others. Risk assessment is the key means through which this is achieved.
- Opening checks are carried out prior to opening the preschool and kitchen each day.
- We provide advice to parents on what foods they should provide for their children's snacks and lunches, to ensure the children have foods which promote health and reduce the risk of obesity and heart disease that may begin in childhood and prevent allergic reactions (We are a NO NUT preschool).
- Parents share information about their children's particular dietary needs with staff when they enrol their children and on an on-going basis with their key person. This information is shared with all staff and allergy posters with children's details are displayed in the kitchen and snack areas.
- Care is taken to ensure that children with food allergies do not have contact with food products that they are allergic to.

Legal references

Regulation (EC) 852/2004 of the European Parliament and of the Council on the hygiene of foodstuffs.

Food Information Regulations 2014

The Childcare Act 2006

Further guidance

[Safer Food Better Business for Caterers](#) (Food Standards Agency)